

The book was found

Crock-Pot Recipes Cookbook: Healthy Easy And Delicious Dump Meals

CROCK-POT RECIPES COOKBOOK

Healthy, Easy and Delicious Dump Meals



MARK PATTERSON



Synopsis

We all love the smell of a home-cooked dinner. But, the welcoming feeling that we have when we come home from work and our dinner is waiting for us, will definitely make us use the crock-pot over and over again. The best part is that the crock-pot allows us to slow cook our food. This translates into healthier meals because the number of calories is decreased through this procedure.

Furthermore, the most important nutrients in our favorite food are being well preserved. Another great benefit of the crock-pot recipes is that, most of them, are quite easy to prepare. The hard work will be done by the crock-pot itself, when you are at work or you're just spending time with your family.

Book Information

File Size: 10529 KB

Print Length: 360 pages

Page Numbers Source ISBN: 1520958706

Publication Date: March 28, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B06XX84LL5

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #37,313 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #4

in Books > Cookbooks, Food & Wine > Regional & International > European > Polish #5

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International >

European > Polish #66 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special

Appliances

Customer Reviews

Very well written crockpot recipes cookbook. Nice and clear ingredients list, very helpful pictures, straight forward cooking instructions and not to mention the tons of recipes. I believe this is one of the best cookbooks I've ever had.

very good

great !

The best crock-pot book I've ever used. Many, many new favorites in this book. I love the fact that the author has not included any filler information: like how to use the crock-pot or some very common recipes. This is my new best cookbook.

Big fan of the crockpot meals here. This cookbook helps me a lot because it provides me with lots (hundreds) of ideas when I'm in the kitchen. I love the fact that the instructions are clear and straight forward. I also like that each recipe comes with nutrition information.

Downloaded this recipes book because I am out of fresh cooking ideas. Found a lot of interesting recipes here. The instructions are well written and you cannot go wrong with any of them even if you are not an expert cook.

Gift for someone

*** LANGUAGE *** Plain English with no profanities. QUICK LOOK This is, or could be, one of those ideal cookbooks for small families looking for delicious, healthy, home-cooked meals. With a few exceptions, that I at first glance presumed were accidental, each entrée includes nutritional information, as well as prep time, and clear-cut ingredient listings and directions. The author even posts some "pro tips," for those desiring something a little better, or a little healthier than good to wow friends and family with. By the way, photographs of the completed food item are included with recipes. Unfortunately, some desserts show the calories from the entrée, but not the information that will be of especial importance to people with ailments, such as diabetes. As I stated above, I think this was intentional, because such desserts should not be consumed by people such as I. Still, as a Type 2 Diabetic, I need to know, especially, the number of grams of carbohydrate for everything I consume. Please refer to the attached photos showing two delicious recipes. The first includes nutritional information, while the second does not. To give a feel for the editing, and the style and flow of this work, I am posting a brief excerpt below. Excerpt Instead of an excerpt, I have attached a couple photographs to help readers decide if

this is the cookbook they want. Bottom Line: The Pizza-Stuffed Bell Peppers, alone, made this a welcome addition to my Kindle library. Four stars out of five. Comments regarding your opinion of this book or of my review, whether favorable or unfavorable, are always welcome. If you buy the book based on my review and become disappointed, especially, I do want to know that and I want to understand how I can improve as a book reviewer. Just please be polite. Thank you.

[Download to continue reading...](#)

CROCK POT: Delicious Freezer Meal and Dump Meal Recipes for Busy People (Crock Pot, Crock Pot Cookbook, Crock Pot Recipes Cookbook, Crockpot Cookbook, ... Dump Meals, Crock Pot Freezer Meals Book 1) CROCK POT: Delicious, Healthy Crock Pot Recipes (2100 Crock Pot Recipes Cookbook, Clean Eating, Crockpot, Healthy Crock Pot, Crock Pot Chicken, Crock Pot Recipes Cookbook) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) CROCK POT Dump and Go Recipes: Quick and Easy Meals Ideas for When You're In a Hurry: (Crock pot recipies, Slow Cooker recipies, Crock Pot Dump Meals, Crock Pot cookbook, Slow Cooker cookbook) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy People (crock pot dump meals, crockpot dump dinners, dump dinners) Crock Pot: 1001 Best Crock Pot Recipes of All Time (Crockpot, Crockpot Recipes, Crock Pot Cookbook, Crock Pot Recipes, Crock Pot, Slow Cooker, Slow Cooker Recipes, Slow Cooker Cookbook, Cookbooks) CROCK POT: 500 Best Crockpot Recipes (crockpot cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot freezer meals, slow cooker cookbook) INSTANT POT: 2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals) Dump Dinners: 101 Easy, Delicious, and Healthy Meals Put Together in 30 Minutes or Less! (dump dinners, dump dinner recipes, crockpot recipes, dump ... recipes, healthy recipes, healthy cooking) Dump Dinners: 365 Days of Quick And Easy Dump Dinners Recipes Cookbook For Busy People (Dump Cakes and Dump Dinners, Dump Dinners Cookbook, Quick Easy Meals) Instant Pot Pressure Cooker Cookbook: Easy Recipes and the Ultimate Guide to Fast, Delicious, and Healthy Meals: Healthy, Easy And Delicous Meals With ... Crock Pot, Healthy, Quick & Easy, Paleo,) Instant Pot: 365 Days of Instant Pot Recipes (Instant Pot Cookbook, Instant Pot Slow Cooker, Instant Pot Book, Crock Pot, Instant Pot, Electric Pressure ... Vegan, Paleo, Breakfast, Lunch, Dinner) The Keto Crock Pot Cookbook: Top 60 Easy To Prepare Keto Recipes

For Your Crock Pot (Keto Crock Pot Series) (Volume 1) Instant Pot Cookbook: 500 Instant Pot Recipes Cookbook for Smart People (Instant Pot, Instant Pot Recipes, Instant Pot Recipes Cookbook, Instant Pot Electric Pressure Cooker Cookbook) Delicious Crockpot Recipes: A Full Color Crockpot Cookbook for your Slow Cooker (Crockpot;Crockpot Recipes;Slow Cooker;Slow Cooker Recipes;Crockpot Cookbook;Slow ... Cookbook;Crock Pot;Crock Pot Recipes;Cro 1) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Crock Pot Recipes Cookbook: The Complete Guide to Slow Cooking & Healthy Eating - Slow Cooker Recipes - Crock Pot Meals Instant Pot Cookbook: The Quick and Easy Pressure Cooker Guide and The Best Collection Of Delicious Instant Pot Recipes(slow cooker cookbook, crock pot recipes,Electric Pressure Cooker cookbook) 1001 Best Crock Pot Recipes of All Time: Crockpot, Fast and Slow, Slow Cooking, Meal, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, ... Breakfast, Lunch, Dinner, Healthy Recipes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)